CenturyLink annual shareholder meeting – good news & change!

Monroe, Louisiana was again the location for the 2018 CenturyLink annual shareholders meeting – and three BIG messages delivered these headlines.

- CenturyLink’s Big Dividend: Protecting the Golden Goose for Investors
- Passing the baton: Storey takes helm of CenturyLink as Post departs
- CenturyLink has 'no plans to move HQ'

The business message was the (very) good news that the stock is doing well, and shareholder dividends will occur because of the 11+ percent growth.

The Board of Directors voted to declare a regular quarterly cash dividend of $0.54 per share, which was payable June 15, to shareholders of record on June 4.

Unsaid in that announcement is the layoffs that will impact about 1,000 employees or roughly 2 percent of the giant workforce. The cuts come as CenturyLink strives to invest for growth and integrate the Level 3 acquisition. CenturyLink blames the layoffs on redundancies from the recent Level 3 Communications acquisition. Company earnings and performance is based on its market position as the second largest U. S. communications provider to global enterprise customers, with customers in more than 60 countries.

Shareholder votes
- The shareholders voted on these issues, including electing the 13-member board of directors.
  * KPMG was hired as the independent auditor.
  * Shareholders approved the 2018 equity incentive plan and voted yes on a non-binding advisory vote regarding executive compensation.
- A shareholder proposal for the company to list all the ways it contributes to lobbying only gained about 20 percent of the vote.

Leading the show at the meeting was the appreciation for departing CEO Glen Post after his 26 years at the helm, and the new leadership of Jeff Storey, former CEO of Level 3. Post originally planned to retire in January 2019, but chose the annual shareholder meeting as the opportunity to

(Continued on page 2)
make the change. Post told the audience that "I did not imagine this type of growth, but it happened."

The speculation remains that because new CEO Jeff Storey lives in Boulder, he might move the CenturyLink headquarters back to the Rocky Mountains. Storey said that he won’t live in Monroe, but will work regularly out of the Monroe headquarters. The former headquarters of Level 3, which CenturyLink bought last year, is located in Broomfield, Colo.

"I understand why folks would be concerned, but I think we need to put that worry and concern behind us because CenturyLink is going to have a major role here in this community (Monroe) for years to come, in my view," Post said.

"I can tell you this," Post said. "There are no plans, that I know of, to move the headquarters of CenturyLink. The board of directors will consider that over the years, I'm sure. But right now, there is no plan. The board has no desire to move the headquarters."

Post has been with CenturyLink for over 40 years. He’s been the company’s CEO for 26 of those years. This retirement for him is bittersweet. But as he thinks about his next chapter, he also thinks about the one for the company he’s lead all these years.

[Quotes and Glen Post photo from the NewsStar in Monroe]

REPORT excerpts: by Curtis L Kennedy, Litigation Attorney

“I attended this year’s meeting of shareholders held on May 23 at the CenturyLink headquarters in Monroe, Louisiana. Suffice it to state that the whole meeting experience was uplifting and rejuvenated my long-held conviction that, to date, there has been no deserving reason for any alarming concerns to be expressed by U S WEST/Qwest retirees.

“Unlike during the Nacchio-era control of the corporation’s retirees’ benefits, not once, since CenturyLink leadership took control over Qwest, has there arisen an event justifying a concrete need for me to take legal action against CenturyLink for the benefit of retirees. Quite simply, CenturyLink corporate leadership, unlike Qwest corporate leadership, proved themselves to be decent, honest and integrity-driven officers, in-so-far as retiree matters.

“Naturally, the highlight of this year’s shareholders’ meeting was to give deserving tribute to departing CEO Glen Post who had been at the helm during the past 26 years. Truly, it is going to take a yeoman’s effort on the part of new CEO Jeffrey Storey (of Level 3) to continue to perform like Mr. Post did during all of the years he successfully steered and grew the company.

“No doubt, CenturyLink’s corporate revenue stream earned from traditional/legacy land-lines (copper wires) has steadily declined and will continue to do so. But, the company appears to be well-positioning itself to draw future revenues from its well-mapped out strategic/digital stream.

“Currently, there is an elephant in the room – at the end of last year, the pension plan ended-up unfunded by $2 billion. At the shareholder’s meeting it was confirmed that new corporate leadership intend to contribute only $100 million towards tackling the pension plan deficit. Not exactly a financial priority. Instead, the corporation plans to expend several billion dollars on capital outlays for corporate expansion.

“Obviously, the retiree group should maintain its long sustained efforts to vigilantly monitor the administration of the pension plan, and increase efforts to lobby the new corporate leadership to better address the tremendous pension funding shortfall.”

[Signature]

Curtis L Kennedy
Please come to our ‘last AUSWR meeting...

As we continue our plans for the AUSWR CO/WY last annual meeting to be held in October, I have elected to post the Annual Call letter in this issue to give you a heads up on the meeting for planning purposes — and the Annual Call letter will still be mailed shortly via USPS to all members.

You also will receive a copy of the NWB Retiree Guardian, inviting you to join them for 2019. I want to encourage all of you to join me in becoming a member of the NWB—U S WEST—Qwest Retiree Associations as they have decided to continue operations into 2019. More information on that coming soon. If you should have any questions concerning our October meeting give me a call at 303-475-8225.

— Rommel

In accordance with the Bylaws of the AUSWR CO/WY you are herewith notified of the Annual Meeting to be held...

Saturday, October 20, 2018
9:00 a.m. to 1:00 p.m.
at the Holiday Inn, 7390 West Hampden Ave.
Lakewood, CO 80227

Featuring
• Our Retiree Guardian Editor Kitty Kennedy
• Our AUSWR CO/WY Litigation Attorney Curtis Kennedy
• Visit from the Telecommunications History Museum ‘archivist’

A Panel of current board members will answer questions concerning the dissolution of our organization effective December 31st, 2018
Saturday, October 20, 2018
9:00am to 1:00pm
Holiday Inn 7390 West Hampden Ave., Lakewood, CO 80227

Directions:
⇒ From I-25 north or south, take exit 201 and head west about 7 miles on Hampden Ave. (US-285).
   Take the Wadsworth exit south toward Jefferson Ave.
⇒ - Take the first left onto Jefferson Ave. and then the first left onto Vance Street
   The Holiday Inn is on your right.
⇒ - For those wishing to stay at the Holiday Inn Hotel a room rate of $89 has been arranged. To reserve your room, call 303-980-9200 and identify yourself as a AUSWR CO/WY meeting attendee.

Lunch Choices
Lemon Chicken or Vegetarian lasagna. Includes: mixed green salad, Chefs choice of vegetables, potatoes or pasta
Rolls & butter, water, regular or decaf coffee, iced tea and dessert

AGENDA
7:30 to 9:00 am Flu Shots (Details on Reservation Form)
8:00 am Registration – Pick up your name tag before entering the meeting
9:00 am Meeting begins
11:15 am Lunch
1:00 pm Adjourn
AUSWR CO/WY ANNUAL MEETING – 2018
Complete and return this Registration/Reservation Form in the envelope provided.
AUSWR CO/WY, P.O. BOX 27027, Denver, CO 80227

Please note that this year we are asking for a $12.50 donation per person to help with the cost of the luncheon.

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**Flu Shots**
A flu shot is $3.50 or free with your Medicare card. Order now and pay on-site at the nurses’ station. Kaiser coverage does not apply.

**Flu Shots: How Many?** ______

**LUNCH PREFERENCE**

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Please make check payable to AUSWR CO/WY

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Reservations are due by September 26, 2018
Space will be limited to 300 attendees - Please reply promptly

If you have questions, comments or suggestions for your Board, please list them below and they will be presented by the moderator.

_______________________________________________________________________________________________________________
___________________________________________________________________________________________________________________
Modest increases projected for Medicare premiums, deductibles in 2019

by Barbara Wilcox, AUSWR CO/WY
Health Care Specialist,
Email: bmw80205@gmail.com

The MEDICARE trustees recently published their annual report projecting costs and revenues into the future. This report includes ESTIMATES of the Medicare costs for next year.

These are just projections, and the actual, official amounts won’t be announced until October.

Medicare Projected Changes from 2018 to 2019:
• Part A (Hospital) Deductible Increase from $1340 to $1376
• Part B (Medical) Annual Deductible increase from $183 to $185 *
• Part B (Medical) Monthly Premium increase from $134 to $135.50

SOCIAL SECURITY
A question on many minds is whether we will get a COLA (cost-of-living) increase in our Social Security benefits in 2019. The indications are that we probably will, but we won’t know for sure until October.

We can all hope that our individual COLA increases will be more than the $1.50 increase in the monthly Part B premium!

Remember that we have to wait until October to find out what the actual numbers will be in 2019.

— Barbara

* In 2018, the Part B base premium was $134 if you paid $134 in 2017. Most AUSWR retirees are covered by a special rule for Social Security recipients, called the “hold harmless rule,” that ensures that Social Security checks will not decline from one year to the next because of increases in Medicare Part B premiums. The hold harmless rule applies to most, but not all, Social Security recipients.

[ Other projections about the nation’s health are excerpted here to the right]

CMS Office of the Actuary releases 2017-2026 projections of national health expenditures

◊ Medicare: Among the major payers for healthcare over the 2017-2026 period, Medicare is projected to experience the most rapid annual growth at 7.4 percent, largely driven by enrollment growth and faster growth in utilization from recent historically low rates.

◊ Private health insurance: Private health insurance spending is projected to average 4.7 percent over 2017-2026, the slowest of the major payers, reflecting low enrollment growth and downward pressure on utilization growth influenced by: i) lagged impact of slowing growth in income in 2016 and 2017, ii) increasing prevalence of high-deductible health plans, and iii) to a lesser extent, repeal of the penalty associated with individual mandate.

◊ Medicaid: Medicaid is projected to average 5.8 percent annual growth over 2017-2026, which is slower than the average observed for 2014-2016 of 8.3 percent, when the major impacts from the Affordable Care Act’s expansion took place.

◊ Personal healthcare spending: Over 2017-2026, growth in personal healthcare spending is projected to average 5.5 percent. Among the factors, personal healthcare price growth is anticipated to be the largest factor at 2.5 percentage points, growth in the use and intensity of goods and services is expected to contribute 1.7 percentage points of total growth, and population growth (0.9 percentage point) and changing demographics (0.5 percentage point) account for the remaining growth.

◊ Prescription drug spending: Among the major sectors of healthcare, spending growth is projected to be fastest for prescription drugs, averaging 6.3 percent for 2017-2026. This is due in part to faster projected drug price growth, particularly by the end of the period, influenced by trends in relatively costlier specialty drugs.

◊ Insured share of the population: The proportion of the population with health insurance is projected to decrease from 91.1 percent in 2016 to 89.3 percent in 2026, due in part to the elimination of the penalty payments associated with the individual mandate and also to a continuation of a downward trend in the offering and take-up of employer-sponsored health insurance.
Fall health insurance enrollment periods on the horizon

by Barbara Wilcox, AUSWR CO/WY
Health Care Specialist,
Email: bmw80205@gmail.com

Each year we all have an opportunity to make changes in our health insurance during Fall enrollment periods.

Changes made in the Fall of 2018 will be effective January 1, 2019. If you don’t want to make any changes, then you don’t need to take any action – if you do nothing, you will stay on the same plan(s) you are on this year.

Medicare Open Enrollment: October 15 – December 7

If you are on Medicare, you can use the Open Enrollment period to make changes in your prescription drug coverage.

You can join a Medicare Advantage plan, you can change to a different plan, or you can drop Medicare Advantage entirely and go on Original Medicare.

Insurance companies offering Medicare Advantage plans and Medicare Part D Prescription Drug Plans are required to accept any changes or new enrollments you make during Open Enrollment, regardless of your health status.

Post-1990 retirees on Medicare get their prescription drug coverage through either a Medicare Part D prescription drug plan or a Medicare Advantage plan.

I strongly recommend that you re-evaluate your prescription drug coverage each year during Open Enrollment. With the huge increases we are seeing in prescription drug prices, this is especially important this year. The plan you are on now may not be the least expensive plan for you next year.

The one thing you cannot do during Open Enrollment is join or change a Medicare Supplement plan. Different rules cover the Medicare Supplement plans.

Unless you are new to Medicare or have a Special Enrollment Period, you will not have Guaranteed Issue and will have to go through underwriting to join or change a supplement plan. The insurance company can ask you to fill out a health questionnaire.

If your health is not good or you have a pre-existing condition, the insurance company is allowed to charge you a higher premium, make you wait six months for coverage of your pre-existing condition, or deny you coverage entirely.

If you are a Pre-1991 or ERO retiree on the guaranteed CenturyLink company health insurance, the prescription drug coverage you have now is much better than any coverage you can get with a Medicare Advantage plan or a Medicare Part D Prescription Drug plan. You do not need to make any changes in your prescription drug coverage.

CenturyLink Annual Enrollment: November 5 - 16

We know the dates of this year’s Annual Enrollment, but we don’t know the specific options that will be offered.

The enrollment period is short, just two business weeks, so if you want to make changes in your CenturyLink insurance, be sure to watch your mailbox for the enrollment packet and be prepared to act quickly.

Here is general information on what changes you can make during CenturyLink’s Annual Enrollment.

- Retirees who are not yet on Medicare and are on CenturyLink retiree insurance will have an opportunity to switch to a different plan.
- Pre-1991 and ERO retirees may want to consider options that CenturyLink offers instead of the CenturyLink guaranteed health plan.
- Any retiree can waive or suspend the CenturyLink company dental plan. Some retirees are choosing to buy their own dental plan instead of using the CenturyLink plan. Remember, if you are a Management Post-1990 Retiree, you will want to suspend the plan rather than waive it so that you

(Continued on page 8)
can return to the CenturyLink plan later if you want to; the rules allow you to suspend and then return once.

Q: I am a Post-1990 retiree. How do I go about evaluating my Medicare prescription drug coverage?

A: You need your list of prescriptions and a tool that will compare your prescriptions against the formularies and costs of the plans that are available where you live. I know of four ways you can do this.

— Do it yourself by using the Plan Finder on Medicare.gov. Click on “Find Health & Drug Plans,” and follow the instructions.

If you do a personalized search, using your Medicare number, then you can easily come back to your drug list whenever you want to re-evaluate the plans.

You can search for a stand-alone Part D Prescription Drug Plan (PDP), a Medicare Advantage plan with prescription drug coverage, or both. The Plan Finder will list all of the plans available where you live, ranked by cost, starting with the plan with the least total costs for your drug list. You can enroll on-line or call the phone number given for the plan you choose.

—You can use the services of one of the brokers that CenturyLink makes available to Post-1990 retirees. If you used Aon Hewitt Navigators in the past, you can call them again. Or call Via Benefits (previously OneExchange) at 888-825-4252. They will ask for your list of prescriptions and run an analysis to find a plan for you. Keep in mind that insurance brokers do not represent all of the plans that are available to you, but they can sell you most of the major plans.

—Use any private insurance broker that you choose. If you have an insurance broker who has served you well in the past, you may want to consult with him or her again.

—Call your state SHIP program. I am a volunteer with the Colorado SHIP program, and we help people on Medicare find the plans that would be cheapest, or best in other ways, for any Medicare beneficiary who calls.

SHIP counselors do not sell insurance. They can inform you of your options and the pros and cons of the different plans. The toll-free phone number is on the back of your copy of Medicare & You. Or you can find the phone number for your state on Medicare.gov. Click on the link for “Find Someone to Talk To” and select your state.

Q: I am a Pre-1991 retiree on the guaranteed CenturyLink company insurance. I have the best health insurance coverage available. Why would I want to make any changes during Annual Enrollment?

A: You probably don’t need or want to make any changes.

However, you may want to consider one of the other options that CenturyLink offers to you if your circumstances call for it. We don’t yet know what options CenturyLink may be offering Pre-1991 and ERO retirees for 2019.

In 2018, CenturyLink offered a special company Medicare Advantage plan through United Health Care, and they also offered a Health Reimbursement Account, funded by the company with money you could use to buy your own insurance.

If you later want to return to the guaranteed Company plan, you can do that any year during Annual Enrollment.

FIRST.. Call the CENTURYLINK SERVICE CENTER at 800-729-7526. RETIREE ADVOCATES can help you if you have questions or problems AFTER you call the Service Center

<table>
<thead>
<tr>
<th>If you live in:</th>
<th>Retiree Advocates:</th>
<th>E-mail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arizona</td>
<td>Kitty Kennedy</td>
<td>520-444-6617 k <a href="mailto:kennedy404@gmail.com">kennedy404@gmail.com</a></td>
</tr>
<tr>
<td>Idaho or Montana</td>
<td>Shirley Moss</td>
<td>208-342-3449 <a href="mailto:samoss05@q.com">samoss05@q.com</a></td>
</tr>
<tr>
<td>Iowa or Nebraska</td>
<td>Gordie Lundy</td>
<td>402-203-2042 <a href="mailto:gmale5664@gmail.com">gmale5664@gmail.com</a></td>
</tr>
<tr>
<td>New Mexico</td>
<td>Cassie Kelley</td>
<td>505-298-8666 <a href="mailto:cassiek@comcast.net">cassiek@comcast.net</a></td>
</tr>
<tr>
<td>Utah</td>
<td>Byron Lemmon</td>
<td>801-295-4653 <a href="mailto:bylemmon99@msn.com">bylemmon99@msn.com</a></td>
</tr>
<tr>
<td>ALL OTHER STATES</td>
<td>Jim Heinze</td>
<td>303-442-1831 <a href="mailto:jjonrr@centurylink.net">jjonrr@centurylink.net</a></td>
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Airman First Class, Roland B. Timmerman, ‘Red’, was running flat out. He was looking for cover, but he could see nothing in the pitch black Korean night. “We’d just get settled down at our base near Seoul. Then here came ‘Bed-Check Charlie’ with his planes and their bombs,” Red said.

Red was usually at his machine gun firing tracers up into the sky, trying to knock ‘Charlie’ down. But this night, he just needed to get to safety. Running fast, but seeing nothing, he worried that he’d fall into one of the bomb craters of earlier raids. That’s when he slammed into a tree.

The medics patched him up. They sent him back to duty with a swatch of bandages across his nose.

Later on, a couple of officers wanted to talk to him. Red was surprised when they offered him the Purple Heart. He told them, “hey, we were being bombed! I’m supposed to tell my grand kids, ‘I got the Purple Heart for running into a tree?’”

He turned them down. No Purple Heart.

Tom Brocaw’s, Greatest Generation, is made up of men like Red.

Before he went to Korea, Red was a Lineman working for Northwestern Bell. He was a member of what was known as an “unlocated crew.” They weren’t homeless, but they could be in any motel from one week to the next anywhere in Iowa, Nebraska or South Dakota. They went wherever they were needed. Newer employees were often members of these crews. Some thought that if you stood up well to the rigors of unlocated crews, you were a candidate for a more stable job.

Back from Korea, Red returned to Northwestern Bell and became a Combinationman, the jack-of-all-trades job of outside plant.

When I talked to Red, he told me he had recently suffered a mild stroke, but had recovered very well. Red treated hardships with a more determined commitment balanced with an edge of humor typical of a kid raised The Great Depression. He told me stories of his life over the phone from the comfort of his living room. On occasion, I could hear one his two great-grandchildren loudly competing for his attention.

He told me of a time back on the ‘unlocated crew’ when he came to a telephone pole called a “Black Diamond.” They were really hard wood. His gaffs (climbers) would barely break the surface. And he fell off. He landed flat on his back in a snowdrift. Panic receded -- and anger rushed in. He attacked the pole, driving his gaffs in with furious strength. Consequently, when he started back down he couldn’t dislodge them.

He told of another time when everything started out just right. The sun was shining. He felt great and he was approaching the first pole of the morning at a railroad crossing. He climbed up, and belted in. The Engineer from an approaching train happily waved his arm out the cab window up at Red. Red waved back. When the train

(Continued on page 10)
passed underneath, the Engineer gave a blast that covered him in black, gritty smoke.

You could hear the smile in Red’s voice as he told these stories.

Nebraska and South Dakota were among the states that experienced a brutal winter of historic proportions in 1950-51. One official report stated: “The snow clung to everything. Cattle were blinded and suffocated. School children lost their way, and some died of hypothermia. Snow piled in such great heights and froze so hard that people could walk along the tops of power poles.

It was the same near Springfield, Nebraska, where Red and his unlocated crew were working. They didn’t climb a pole. They just walked along on the snow, hoping they wouldn’t break through, repairing the line as they went.

In 1955, he and his crew were given the urgent task of saving the telephone service for the town of Valley, Nebraska. Valley is a little town that sits right between the Platte and Elkhorn Rivers in their flows to the Missouri. These rivers have a dramatic history of damaging floods. The 1955 flood could take out the Valley central office which contained the step switches connecting all the phones in town.

Red’s crew consisted of six Combinationmen led by their foreman, John Hodges. They had spent the last couple days digging and filling sandbags. The flood’s crest was predicted for that night.

John Hodges loaded Red and the rest of the crew into a van and rushed to the central office to finish their work. Hodges slammed on the brakes when he was not able to see the familiar bridge’s superstructure. The van skidded to stop just a few feet shy of the end of the broken highway. They got out of the van and looked at the flooding river where a bridge used to be.

They found another way to the central office and immediately got to work. They finished stacking sandbags against the advancing water and set up pumps and hoses to hopefully disperse the flow that washed through their makeshift barricade.

Exhausted, they went inside the central office. The noisy step switches were clattering away connecting Valley residents to their families and friends. Red dozed off. He woke abruptly and asked his mate, Bob Corby, “Are we okay?” Corby checked outside and yelled back, “Yeah, we’re good.”

The water nearly reached the top of their sandbags but didn’t overflow. The pumps handled the seepage and the Valley central office survived the flood.

Later in his career, Red was given a critical job designed to solve a serious problem. He was to liaison with the cable manufacturer, Western Electric Company. It was his job to be sure the right kind of cable got to the right job site in Iowa, South Dakota and Nebraska. This had not been happening in a time of expansion and exploding customer demand for telephone service.

Red pulled it off and he retired from that job in 1986 with 36 years’ service. He married his wife, Joyce in 1954. As we talked on the phone, I could occasionally hear Joyce gently coaching Red in the background as he sorted through his many rich memories. They have three children, two girls and a boy who gave them five grandchildren and two great-grandchildren.

Red did his job as he lived his life, with integrity, a sense of humor and, of course, Person-to-Person.
CHANGES TO ADDRESS, PHONE NUMBER OR E-MAIL ADDRESS
On the back page of this newsletter is your membership information. If you have a change in your name, mailing address, phone number, or e-mail address, please let us know. When you update your mailing address, you can save us money in postage.

◆ IMPORTANT TAX INFORMATION: AUSWR CO/WY is an I.R.S. non-profit, tax-exempt organization. However, dues and donations are NOT DEDUCTIBLE on your personal tax returns. Records are available via written request at P.O. Box 27027, Denver, CO 80227.

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<tr>
<th>Colorado &amp; Wyoming AUSWR Officers and Area Representatives Directory — January 2018</th>
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<tbody>
<tr>
<td><strong>Board of Directors CO/WY</strong></td>
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<tr>
<td><strong>Colorado Co-President:</strong> John Rommelfanger — 303-475-8225 / <a href="mailto:jrommel@live.com">jrommel@live.com</a></td>
</tr>
<tr>
<td><strong>Wyoming Co-President:</strong> Bob Rucker — 307-632-8470</td>
</tr>
<tr>
<td><strong>Vice President—Communications:</strong> LaVerne Lanskey — 303-726-2520 / <a href="mailto:lalanskey@gmail.com">lalanskey@gmail.com</a></td>
</tr>
<tr>
<td><strong>Vice President—Membership:</strong> Kay Daugaard — 303-790-9637 / <a href="mailto:mkdugaard@msn.com">mkdugaard@msn.com</a></td>
</tr>
<tr>
<td><strong>Secretary:</strong> Pat Finley — 303-425-0804 / <a href="mailto:pfinley00@msn.com">pfinley00@msn.com</a></td>
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<tr>
<td><strong>Treasurer—Receipts/Budget:</strong> Jack Beattie — 303-329-6080 / <a href="mailto:beattiejd@gmail.com">beattiejd@gmail.com</a></td>
</tr>
<tr>
<td><strong>Treasurer—Disbursements:</strong> Dale Thompson — 303-263-2205 / <a href="mailto:daleosa@outlook.com">daleosa@outlook.com</a></td>
</tr>
<tr>
<td><strong>Health Care Specialist:</strong> Barbara Wilcox — 303-377-5761 / <a href="mailto:bmw80205@gmail.com">bmw80205@gmail.com</a></td>
</tr>
<tr>
<td><strong>Database Manager:</strong> Dale Thompson — 303-263-2205 / <a href="mailto:daleosa@outlook.com">daleosa@outlook.com</a></td>
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<tr>
<td><strong>E-Mail Editor:</strong> Bill Alsdorf — 303-659-4189 / <a href="mailto:balsdorf@q.com">balsdorf@q.com</a></td>
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<td><strong>Newsletter Editor:</strong> Kitty Kennedy — 520-444-6617 / <a href="mailto:kkennedy404@gmail.com">kkennedy404@gmail.com</a></td>
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<tr>
<td><strong>CWA/Legislative Rep:</strong> Harvey Hoffinan — 303-733-1955 / <a href="mailto:hehoff@q.com">hehoff@q.com</a></td>
</tr>
<tr>
<td><strong>CO/WY Retiree Advocate:</strong> Jim Heinze — 303-442-1831 / <a href="mailto:jjonrr@centurylink.net">jjonrr@centurylink.net</a></td>
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**COLORADO AREA REPS:**
- **Arvada:** Betty Moore — 303-936-7917 / bluebetty@q.com
- **Aurora:** Pat Finley — 303-425-0804 / pfinley00@msn.com
- **Boulder/Longmont:** Kay Daugaard — 303-790-9637 / mkdugaard@msn.com
- **Broomfield:** Judy Campbell — 303-466-5566 / jucampbell38@gmail.com
- **Castle Rock/Monument:** Charley Heard — 303-660-9593 / dheard@att.net
- **Colorado Springs:** John Pirnat — 303-221-0805 / jpirnat@att.net
- **Denver East:** Ed Arnold — 303-321-7766 / earnold72@gmail.com
- **Denver North:** Dave Felice — 303-880-5150 / d2felice@aol.com
- **Denver Southeast:** Robert Wiswell — 720-859-7641 / rwiswell@ix.netcom.com
- **Denver Southwest:** John Pirnat — 303-221-0805 / jpirnat@att.net
- **Englewood:** Kay Daugaard — 303-790-9637 / mkdugaard@msn.com
- **Fort Collins/Loveland:** Chuck Rider — 970-267-0817 / clmrider@att.net
- **Fort Morgan:** John Jump — 970-867-7221 / jjumper143@q.com
- **Golden:** Kay Daugaard — 303-790-9637 / mkdugaard@msn.com
- **Grand Junction/Durango:** Sue Berndt — 970-263-9008 / hbandsb@msn.com
- ** Greeley:** Chuck Rider — 970-267-0817 / clmrider@att.net
- **Lakewood:** Don Hinkley — 303-988-0095 / dhinkley@q.com
- **Littleton (80223—80225—80227):** La Verne Lanskey — 303-726-2520 / lalanskey@gmail.com
- **Littleton (80224—80226—80228):** Tom Spall — 303-745-0233 / marytom@realtor.com
- **Middle Park:** Kay Daugaard — 303-790-9637 / mkdugaard@msn.com
- **Parker/Sedalia:** John Rommelfanger — 303-475-8225 / jrommel@live.com
- **Pueblo/South Park:** Tony Juarez — 719-546-6065 / tsp50@msn.com
- **South East Colorado:** Wesley Colvin — 719-384-2436 / reddbarn@centurytel.net
- **Thornton/Brighton:** Bill Alsdorf — 303-659-4189 / balsdorf@q.com
- **Westminster/Wheat Ridge:** Alice Peterson — 303-424-7609 / allicad@aol.com

**WYOMING AREA REPRESENTATIVES:**
- **Casper Area:** Gary Overturf — 307-527-9005 / ago@trinet.com
- **Lander-Riverton:** Jim Reddon — 307-856-6833 / jamesr@bresnan.net
- **Cheyenne Area:** Dorothy Rhoades — 307-235-4501 / drhoades36@hotmail.com

**ARIZONA REPRESENTATIVE:**
- **Statewide:** Kitty Kennedy — 520-444-6617 / kkennedy404@gmail.com

All other states OR to volunteer in your area — CONTACT:
- **John Rommelfanger** — 303-475-8225 / jrommel@live.com
—Change your Home Address?
—Or Phone Number?
—Or E-mail Address?

PLEASE CHECK THE MAILING LABEL —

Let us know of your changes

You can help us save $$$ in return postage if we have your CURRENT mailing address, phone no. & e-mail address.

Contact Dale Thompson 303-263-2205 or
Email: daleosa@outlook.com
AUSWR CO/WY
PO Box 27027, Denver, CO 80227-0027

***2018 MEDICARE 101 CLASS SCHEDULE***

Thursday, September 27, 2018, 9:30 - 11:30 AM
Aurora Central Library, Small Community Room
14949 E Alameda Parkway, Aurora, CO 80012

To sign-up for a class or ask questions about the schedule,
please contact Kit Thomte at 303-526-1664, or Email mtnnplains@gmail.com.
If you have questions about Medicare or how Medicare works with CenturyLink
benefits, contact Barbara Wilcox, Email: bmw80205@gmail.com.

Medicare 101 classes are geared towards Post-1990 retirees who will be 65 soon or are going
on Medicare for any other reason, such as on Social Security disability for two years. Anyone interested in Medicare, and how
it interfaces with CenturyLink retiree health benefits, is welcomed. Classes are a collaboration between AUSWR CO/WY and
the State Health Insurance Assistance Program (SHIP); they are free of charge. CenturyLink Human Resources personnel are
often present to answer questions, depending on their availability.